

Kelly Aschbrenner, PhD

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Dr. Aschbrenner's research interests are to conduct descriptive and intervention research involving social (family and peer) support for health behavior change among at-risk adults with serious mental illness. As a junior faculty member at Dartmouth, she received an NARSAD Young Investigator Award and an AHRQ Patient-Centered Outcomes Research Career Development Award (K12) to support the initial development of a line of research focused on engaging social networks and peers to support evidence-based treatment for health behavior change among individuals with serious mental illness. She has significant experience involving patients, families, and peers in the process of intervention development and implementation. She has also developed skills in the application of mixed-methods research design employing rigorous quantitative research assessing the magnitude and frequency of constructs and rigorous qualitative research exploring the meaning and understanding of constructs central to intervention development.